

## 2025 - 2026 Baker Wrestling Club Membership Handbook

### AAU Registration/Membership

**Fees** - \$75.00 per wrestler

Registration is to be paid in full at signups. Until then wrestlers will not have an AAU card to participate in practice or tournaments. The club will provide the AAU cards. (Every wrestler needs a current AAU card with the Baker Wrestling Club for practice and tournaments, for insurance reasons.)

Membership fees go towards AAU cards, tournament entry fees, team warmups – t-shirt & shorts.

### Late Registrations

Same fees as above, AAU cards will be applied for by the club at the end of each week. Therefore, your wrestler will be ready to start the following Monday practice.

### Rental Equipment from the club will require a deposit.

**Singlets - \$50.00** deposit. Payment in full at registration. (You will receive deposit back when returned). We would like our kids to be a team and wear these to all tournaments and **MUST** be turned in at the end of season. Deadline for returns will be at the end of the season **(date to be decided)**, after that your deposit will be forfeited.

**Shoes - \$25.00** deposit. Payment in full at registration. (You will receive deposit back when returned). We would like our kids to be a team and wear these to all tournaments and **MUST** be turned in at the end of season. Deadline for returns will be at the end of the season **(date to be decided)**, after that your deposit will be forfeited.

If assistance is needed for the above criteria, please come to the board, so we can work something out so, your wrestlers can participate with the team.

### Practices

Weekly scheduled practices are on Monday, Tuesday, and Thursday, at the High School wrestling room and complex lobby. Unless otherwise posted due to availability of this area. These are closed practices (no parents or siblings.)

Beginner wrestlers – practice is from 6:00pm – 7:00pm

Advanced / Older Wrestlers – practice is from 6:00pm – 8:00 pm

We ask that your wrestler is ready (dressed and shoes on) to start practice by 6:00 pm and picked up by 7:15 pm for the beginners and 8:15 pm for the advanced / older wrestlers.

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All wrestlers are expected to remain attentive and engaged during AAU practice hours. From 6:00 pm to 8:30 pm, use of the Rec Center is strictly prohibited unless accompanied by a parent or legal guardian (AAU membership fees do NOT include Rec Center membership and access).

Wrestlers may not leave practice or go down to the Rec Center during this time for any reason unless authorized by a Coach and escorted and accompanied by a parent or legal guardian.

At wrestling practice, it is expected for athletes to maintain a respectful environment for everyone involved including teammates, volunteer coaches, volunteer staff, and parents. This includes active listening, following instructions, and putting forth their best efforts and practice. Wrestlers should engage positively, refrain from negative comments, and uphold sportsmanship-like conduct at all times.

If a wrestler is removed from practice due to behavioral issues or non-compliance, a parent or legal guardian will be contacted and must pick up their wrestler. Wrestlers will not be permitted to remain on-site unsupervised.

## **Fundraisers**

The wrestler must participate within reason in ALL fundraisers. For example: Golf Ball Drop, Derby, Raffle tickets, etc. Doing fundraisers keeps costs down for membership fees and yearly uniforms.

## **Baker Wrestling Club AAU members or High Schoolers inside or outside membership with the Club**

Baker Wrestling Club AAU members will all have opportunities to participate in Tournaments & Camps that they choose to attend.

High Schoolers will be evaluated by the Baker Wrestling Club Board to review their participation with the Baker Wrestling Club from their past/present obligation with the club in order to help them go to Camps, Disney Duals, National Tournaments, etc.

To receive any money from the club the wrestler must attend 75% of the practices.

The wrestler must help with the younger wrestlers at practices.

The wrestler must appear before the board and ask for the money themselves.

When giving money each situation will be reviewed by the board.

Money will only be given for entry fees for tournaments & camps.

